



Physical Restraint/Seclusion Incident Report

Student _____ DOB: _____ Class: _____
Date: _____ Start Time: _____ Setting and Location: _____
Person Preparing This Report: _____

Efforts used to de-escalate/alternatives attempted (prevention): (check all used)

- Changed environment
- Offered options
- Offered quiet space
- Offered sensory tools
- Offered coping/calming techniques
- Offered a break/space
- Offered/went for walk
- Offered snack
- Reduced demands
- Used verbal redirection
- Planned ignoring

Other: _____

Antecedent (events leading to behavior that warranted restraint/seclusion):

Student behavior that prompted the use of physical restraint/seclusion: (justification)

- Physical aggression to another student
- Physical aggression to staff
- Property destruction
- Self-injury
- Elopement
- Other: _____

Define behavior that prompted restraint/seclusion. How it was determined that there was imminent threat of serious injury to student or other:

Type of Restraint/Seclusion:

CPI: Children's Control Position Transport Position Seated Position Standing Position

Seclusion: Time out room Padded mat dividers

Other (Protocol based in BTP) _____

Incident Start Time: _____ End Time: _____ Length of time: _____

Restraint/Seclusion Start Time: _____ End Time: _____ Length of time: _____

Details of restraint/seclusion:



Other Staff Involved and Role (Observer/Restrainer)

How was student monitored: In-person Security camera

How Restraint/Seclusion Ended (Check All That Apply):

- Determination by staff member that student was no longer a risk to themselves or others.
- Staff/student sought medical assistance

Explain How Restraint Ended and How Staff Assisted Student in Returning to the Class:

Additional Notes:

Parent was notified via: Phone Email Home note

Reporter's Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Parent comment/questions: